

## Using Your BabyHawk Oh SNAP!

- Front Carry
- Back Carry
- Making Adjustments

- You may find that wearing the waist belt higher on your natural waist or lower on your hips is more comfortable, this is very subjective and you will need to figure out what works for you.
- As a safety precaution and in case of accidental release of top strap buckles please use elastic loop attached to female buckle strap to hook the male buckle when buckling the top straps.
- Remove the sternum strap for front carries (make sure you put it in a safe place!)
- Adjust the waist adjustments before you put your baby in the carrier.
- Start each back carry with the strap and sternum webbing loosened so that you get a perfect fit every time.
- Start each front carry with the straps unclipped.
- It is safe for babies/toddlers to have their arms out over the top if that is what they prefer.
- Especially when you have your baby on your back, when you walk past a window or car, check and make sure that everything looks to be in place and your baby still looks comfy.
- Petite user? The bottom strap has webbing adjustments on it that you can use to scrunch up the straps about 2" The top strap also has a slide adjustment that allows you can further reduce the length of top strap webbing.
- Plus size user? Make sure that adjustment on the waist strap is extended all the way out.
- Check the clamps on your sternum strap regularly and make sure that they are snapped down.
- Need to adjust your sternum strap? Pull the outer casing towards the webbing, slide it to where you want it, and then close it up, make sure you hear the snap sound when it closes!

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## Making Adjustments

### Waist Belt & Top Strap Adjustment



Waist belt adjustment open  
Average to plus size



Waist belt adjustment cinched  
X-Small to small



Waist belt adjustment top cinched  
Small waist to hip ratio  
*(commonly referred to as pear shaped)*



Waist belt adjustment bottom cinched  
Large waist to hip ratio  
*(commonly referred to as apple shaped)*



### Petite User?

Adjust these slide locks up on the **top straps** to further tighten.

## Sternum Strap Hints and Tips



Sternum clip clamps open



Sternum clip clamps closed

*NB: Please make sure that the sternum clips are open when adjusting the position of the sternum strap on the top strap piping.*

## Front Carry

- Buckle the bottom strap so that it sits on the top of your hips
- Fully extend webbing on top straps and make sure they are unbuckled from side of carrier.
- Remove Sternum Clips and put them in a safe place.
- Hold your baby so that he can wrap his legs around your waist.
- While supporting your baby, pull the body of the carrier up and over his back.
- Do a little hop to get your baby seated fully into the carrier.
- Use one hand to support your baby and the other to grab the strap coming from the opposite shoulder and clip it the opposite side, then repeat with the other side.
- Pull to tighten the webbing on the shoulder straps so that it is holding your baby snugly against your body.
- **TIP:** If you are a petite user and the waist strap does not feel snug enough, make sure that you have the waist strap adjusters completely cinched.



## Back Carry

- Buckle the bottom waist strap so that it sits on the top of your hips.
- Put your baby on your hip and scoot him around onto your back while leaning forward with your back flat like a table.
- Make sure his body is centred on your back.
- While holding on to your baby with one hand, pull the body of the carrier up between his legs and over his back.
- Put your arms through the shoulder straps and do a little hop while you pull on the straps to ensure that your baby/toddler is nestled into the carrier.
- Pull to adjust the webbing on the shoulder straps so that it is holding your baby snugly against your body.
- Clip the sternum strap together and pull on the webbing on each side to tighten it snugly and help distribute weight.

